

PDQ Cycle Coaching SAS/PDQ UH92 Chew Hill Climb

26/9/2021 25/09/2022 08:00 UH92

Startsheet for: PDQ Cycle Coaching 25/09/2022

Promoted for and on behalf of Cycling Time Trials under its rules and regulations Page 1
Promoted for and on behalf of Cycling Time Trials under its rules and regulations.
Headquarters HQ is at Millennium Hall (The Old School Rooms) Chew Magna. The address is S Parade, Chew Magna, Bristol BS40 8SH. There are free public car parks in Chew Magna. Please do not warm up on a turbo in the car park. There are toilets in the building. There will be some refreshments and cake available after the event.

From the HQ, turn right onto South Parade and take the first right at the Co-Op to the start line (approximately a 5 minute ride at most).

Following your attempt of Chew Hill, do not turn around on the hill and come back down. Continue to the junction with Limeburn Hill and take a left and ride down Limeburn Hill. Take a left at the roundabout onto Winford Road and follow Winford Road back through Chew Magna Village back to the Old School House.

Course details A 0.57 mile Hill Climb starting on Chew Hill (off of Chew Magna High Street B3130). The course starts 0.3 miles from the junction with the High Street and finishes 0.2 miles from the junction with Limeburn Hill.

Remember the Highway Code applies at all times. Riders MUST give way to traffic having right of way. Do NOT drift onto the wrong side of the road. Be vigilant. Use of an approved helmet is mandatory for all competitors. A rear light and front light attached to the cycle is mandatory, no light, no ride.

Organiser contact details Jayme Fraioli-Harper 20 Greenfield Crescent Nailsea
07412968753 jaymefraioli@gmail.com

Time keepers/officials Peter Rodgers

Marianne Streater

Course records Solo Male 02:24.1 Josh Coyne 15-Sep-19 | Salt and Sham (SAS) Cycling Club

Solo Female 03:17.3 Jess Railton 15-Sep-19 | Salt and Sham (SAS) Cycling Club

Solo Male (Junior)02:42.3 Jacques Coates 15-Sep-19 | Salt and Sham (SAS) Cycling Club

Solo Female (Junior) 03:53.4 Maddi Aldam-Gates 15-Sep-19 | Salt and Sham (SAS) Cycling Club

There will be a prize ceremony, but there will not be cash prizes.

NOTES TO COMPETITORS: 17. Signing-on Sheet and Signing-out Sheet (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number. (b) In Type A events a competitor must return to the event HQ either during the event or

within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF. This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay. NOTES TO COMPETITORS: 17. Signing-on Sheet and Signing-out Sheet (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number. (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF. This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.